

RECOMMENDED SUPPLIES TO INCLUDE IN A BASIC KIT:

- **Water** – one gallon per person per day for at least three days, for drinking and sanitation
- **Food** – at least a three-day supply of non-perishable food
- **Cash** – ATMs won't work without electricity
- **Battery-powered radio and extra batteries**
- **Flashlight and extra batteries**
- **First Aid kit**
- **Whistle** to signal for help
- **Filter mask** or cotton t-shirt to help filter the air
- **Moist towelettes** for sanitation
- **Wrench or pliers** to turn off utilities
- **Manual can opener** for food
- **Plastic sheeting and duct tape** to shelter-in-place
- **Garbage bags and plastic ties** for personal sanitation
- **Unique family needs**, such as daily prescription medications, infant formula or diapers, pet supplies and important family documents

Make sure your family has a plan in case of an emergency. Keep a copy of this important contact information in your emergency supply kit or another safe place where you can access it in the event of a disaster.

Out-of-Town Contact

Name: _____
Telephone Number: _____
Email: _____

Neighborhood Meeting Place

Telephone Number: _____
Evacuation Location: _____

Other Important information

Doctor(s)

Name: _____
Telephone Number: _____

Veterinarian

Name: _____
Telephone Number: _____

Pharmacy

Name: _____
Telephone Number: _____

Medical Insurance

Name: _____
Telephone Number: _____
Policy Number: _____

Homeowners/Rental Insurance

Name: _____
Telephone Number: _____
Policy Number: _____

**PREPARING MAKES SENSE.
GET READY NOW.**



While we can't control or prevent all disasters and emergencies from happening, you can be prepared and you can protect yourself and your family. If a disaster occurs in Pennsylvania, you must be prepared to survive on your own for a minimum of three days. The likelihood that you and your family will survive a house fire depends as much on having a working smoke detector and an exit strategy, as on a well-trained fire department. The same is true for surviving a hazardous materials incident or a flood. You must have the tools and a plan in place to make it on your own, no matter where you are when disaster strikes.

Get ready now.



1. BE INFORMED

Pennsylvania is prone to a wide variety of disasters and emergencies, including floods, fires, winter storms, hazardous-materials incidents, tropical storms, tornadoes and windstorms. You can learn about these threats and how to prepare for them by visiting www.readypa.org for full disaster descriptions, how to react, and to download the Pennsylvania Emergency Preparedness Guide.

2. BE PREPARED

Once you are aware of the different disasters that can affect you, it's time to take the next step by making a plan and getting a kit with emergency supplies so you and your family are prepared.

Make a Plan. Your family may not be together when disaster strikes, so plan how you will contact one another and review what you will do in different situations. Consider a plan where each family member calls or e-mails the same friend or relative in another town, in the event of an emergency. Assign a designated meeting place so members of your family will know where to meet each other if you are not in the same place. By creating this plan together, all members of your family will know how to react in the event of an emergency, how to get in touch with one another and where to meet. ReadyPA has created a Family Emergency Plan template that is available for download at www.readypa.org.

Get a Kit. In the event of an emergency, you should be prepared to make it on your own for at least three days. Although there are many things that might make you more comfortable, think about the essential things first, including food and water. You'll need a gallon of water per person per day for drinking and sanitation. Include a three-day supply of non-perishable foods that are easy to store and prepare such as protein bars, dried fruit and canned foods. Also consider

creating a smaller kit for your car. This kit should be similar to the home kit, but also include blankets and/or warm clothing in the event of a winter storm.

Your kits should be kept in an easy-to-carry container, such as a plastic storage bin, a backpack or a duffel bag. See the check list in this brochure and visit www.readypa.org for the full list of recommended supplies and more easy tips on creating a kit.

3. BE INVOLVED

After preparing yourself and your family for possible disasters, take the next step and get involved in preparing your community. Join **Citizen Corps**, which actively involves citizens in making our communities and our state safer, stronger and better prepared. You can receive training in First Aid and emergency skills, and volunteer to support local emergency responders, disaster relief, and community safety. We all have a role to play in keeping our hometowns prepared in the event of a disaster. For more information on Citizen Corps in Pennsylvania, the State Emergency Registry of Volunteers in PA (SERVPA) and other ways you can help prepare your community and get involved, go to www.readypa.org.

