



HANDBOOK OF COUNSELING AND REFERRAL AGENCIES

HOUSING AUTHORITY OF BERGEN COUNTY

ONE BERGEN COUNTY PLAZA, 2ND
FLOOR

HACKENSACK, N.J. 07601

PHONE: 201-336-7600

WWW.HABCNJ.ORG

BERGEN COMMUNITY COLLEGE

400 Paramus Road | Paramus

Phone: 201-447-7100

Website: www.bergen.edu

BERGEN COUNTY'S UNITED WAY

6 Forest Avenue | Paramus

Phone: 201-291-4050 or call 2-1-1

Website: bergenunitedway.org

- Compassion Fund
- Housing Works

BERGEN REGIONAL MEDICAL CENTER

230 East Ridgewood Ave. | Paramus

Phone: 201-967-4000 or 1-800-730-2762

Website: www.bergenregional.com

BERGEN ONE-STOP CAREER CENTER

60 State Street | Hackensack

Phone: (201) 329-9600 | TTY: (201) 996-7385

Website: www.onestopbwc.org

- Job Search
- Training and Education
- Youth Services

BERGEN COUNTY BOARD OF SOCIAL SERVICES

218 Route 17 N. Front Building | Rochelle Park,

Phone: (201) 368-4200

Website: www.bcbss.com

- Emergency Assistance
- Home health services
- Medical Transportation Service
- Child Care
- Food stamps
- TANF/WFNJ Cash Assistance

BERGEN COUNTY SPECIAL SERVICES

540 Fairview Ave | Paramus

Phone: (201) 343-6000

Website: bcss.bergen.org

- Adults with disabilities
- Autism
- Behavior, Life Skills
- McKinney Vento Education of Homeless Children & Youth (NJDOE funded)
Phone: 201-343-6000 ext. 6588
- Displaced students

CENTER FOR FOOD ACTION

192 West Demarest Ave. | Englewood

Phone: (201) 569-1804

Website: cfanj.org

- Emergency Food Program
- Weekend Snack Pack for children
- Utility, Rental or Security Deposit assistance

COMMUNITY RESOURCE COUNCIL

Phone: 201-343-6543

Website: crchelpline.org

DEPARTMENT OF HEALTH SERVICES

One Bergen County Plaza 4th Floor |

Hackensack | Phone: 201-634-2600

Website: www.co.bergen.nj.us

- **Mental Health Law Project**
Free legal services

DEPARTMENT OF HUMAN SERVICES

One Bergen County Plaza 2nd Floor |
Hackensack

Phone: 201-336-7474

Website: www.co.bergen.nj.us

- **Alternatives to Domestic Violence**
Phone: 201-336-7575
- **Disability Services**
Phone: 201-336-6500 | TTY: 201-336-6505
- **Senior Services/Aging & Disability Resource Connection (ADRC)**
Phone: 201-336-7400 or 1-877-222-3737
- Meals-on-Wheels
- **Family Guidance**
Phone: 201-336-7350
- **Office for Children**
Phone: 201-336-7150
- **Veterans Services**
Phone: 201-336-6325
- **Special Child Health Services**
Phone: 201-634-2621

DEPARTMENT OF PUBLIC WORKS

- **Community Transportation**
178 Essex Street | Lodi
Phone: 201-368-5955

FAIR HOUSING COUNCIL OF NORTHERN NEW JERSEY

131 Main Street | Hackensack
Phone: 201-489-3552 or 201-489-4692
Website: fairhousingnj.org

- Housing & Financial Counseling
- Investigates discrimination complaints
- Assists in housing search

GREATER BERGEN COMMUNITY ACTION

241 Moore Street | Hackensack
Phone: 201-968-0200
Website: greaterbergen.org

- **Head Start/Early Head Start**
- **Adult Education and Training**
 - English as a Second Language (ESL)
 - High School Equivalency Exam prep
 - Career training & job placement
 - New Americans Civics Education
- **Housing**
 - Energy Bill Assistance
 - Home Energy Efficiency
 - Residential Programs
 - Financial & Housing Counseling
 - Affordable housing (CHIP)
 - Homeless Prevention
 - Transitional housing for ages 16-21
 - Family shelter
 - Halfway house for homeless men
- **1st Bergen Federal Credit Union**
- **Greater Bergen Housing Coalition**
316 State Street | Hackensack
Phone: 201-488-5100
 - Counseling in landlord-tenant disputes

HUDSON PRIDE

176 Palisade Ave. | Jersey City
Phone: 201-963-4779
Website: HUDSONPRIDE.org

- LGBTQ Services

HOUSING, HEALTH & HUMAN SERVICES CENTER

120 South River St. | Hackensack
Phone: 201-336-6475
Website: habcnj.org

- Housing & Placement support
- Temporary shelter
- Wellness Program
- Meals (11:30am – 12:30pm; 5pm- 6pm)

HIP- HEIGHTENED INDEPENDENCE & PROGRESS

131 Main St., Suite 120 | Hackensack
Phone: 201-996-9100 | TDD: 201-996-9424
Website: hipcil.org

- Advocacy for individuals
- Independent Living Skills Training
- Peer support
- Transcription Service (braille & audio)

NJ INSTITUTE CLINIC

121 Cedar Lane Ste. 3A| Teaneck
Phone: (201) 836-1065 ext. 1
Website: njinstitute.com

- Very low cost therapy services

NORTHEAST NJ LEGAL SERVICES

190 Moore Street Ste. 100| Hackensack
Phone: (201) 487-2166
Website: lsnj.org

- Free legal services

URBAN LEAGUE FOR BERGEN

12 Tenafly Rd Ste. 104 | Englewood
Phone: (201) 568-4988
Website: ulbcnj.org

- Job Readiness
- 1st time homebuyers
- Young Professionals

OTHER RESOURCES AND HOTLINES:

TTY 1-877-294-4356 TO ACCESS ANY HOTLINE

Alcohol & Drug Abuse Helpline: 1-888-328-2518

Addictions Hotline: 1-877-276-2777

Adult Protective Services: 201-368-4300 or 1-800-624-0275

Animal Shelter: 201-229-4600

Child Abuse/Neglect Hotline: 1-877-652-7624

Domestic Violence Hotline: 201-336-7575 or 1-800-572-7233

Family Helpline: 1-800-843-5437

Families Anonymous Recovery Fellowship: 1-800-736-9805

Health & Human Services Helpline: 2-1-1

Homeless Prevention: 201-336-6490

Juvenile /Family Crisis Unit: 201-336-7360

www.njhelps.org

Law Hotline: 1-888-576-5529

Mental Health Crisis Counselors: 201-262-4357

NJ Family Care: 1-800-701-0710

Parent Hotline: 1-800-840-6537

Postpartum Hotline: 1-800—328-3838

Poison Control: 1-800-222-1222

Red Cross: 973-797-3300

Safe Haven Baby Protection: 1-877-839-2339 or 1-888-510-2229

Sexual Assault Helpline: 1-800-656-4673

Suicide Prevention Lifeline: 1-800-273-8255

Teen Pregnancy Hotline: 1-800-843-5437

Unemployment: 201-601-4100

Youth Helpline: 1-888-222-2228

Youth Shelter: 201-336-3951