

## **Tournament Rules:**

1. Round #1
  - a. 30 minute running clock
  - b. 2 minute warning, clock will stop on 1st down, incomplete pass and out of bounds only.
  - c. No time outs
  - d. All other regular league rules and penalties apply.
2. Round #2 and #3
  - a. All regular league rules and penalties apply.
3. Overtime Tie Breaker
  - a. A coin toss will determine which team will start on offense or defense.
  - b. Each team will have one play to score from the 10 yard line.
  - c. If the first team scores, the second team has the opportunity to score as well.
  - d. Teams will alternate until one team has scored, and the other has not.
  - e. Overtime will be played towards the same goal line.
4. Uniforms
  - a. All players MUST wear the same color uniform top.
  - b. Those not in team color will be ineligible to play
5. Proof of Age
  - a. All players should be prepared to show ID
    - i. If their age is in question (MUST BE 18 OR OVER)
    - ii. If their eligibility is in question (MUST BE LISTED ON THE ROSTER)
  - b. All players who fail to comply/ show ID if asked will be ineligible to play.

## **Penalties:**

1. Block in the back- 5 yards
2. Delay of Game- 5 yards
3. Double Forward Pass- 5 yards from the spot & loss of down
4. False Start- 5 yards
5. Flag Guarding- 10 yards from spot & loss of down
6. Holding- 5 yards from spot
7. Illegal Participation- 10 yards
8. Illegal Contact- 10 yards
9. Passed the Line of Scrimmage Throw- 10 yards & loss of down
10. P.I. Defensive- 15 yards from the line of scrimmage (Unless in the end zone, then at 1 yard line)
11. P.I. Offensive- 10 yards from line of scrimmage
12. Off sides on defense- 5 yards
13. Pushing Out of Bounds- 5 yards from the spot
14. Roughing the Passer- 15 yards from line of scrimmage & automatic first down
15. Stiff Arm- 10 yards from spot & loss of down
16. Stripping- 10 yards from spot & automatic first down
17. Taunting- 5 yards from line of scrimmage
18. Unsportsmanlike Conduct- 10 yards & automatic 1st down